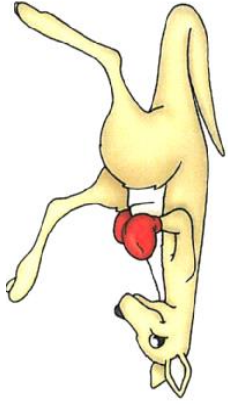


5.



Zoo – Phonics:
Kayo Kangaroo

4.

Sweet
Juicy
Stick
Soft
Pattern

Vocabulary:

3.

Science Question:
Talk with your
child about where
bananas and
watermelon grow.
What other fruit
can you add to the
kabob?

2.

Ingredients:
Bananas
Watermelon
Coffee Stir Sticks
Procedure:
1. Adult washes outside of
watermelon, cuts and slices.
2. Children cut watermelon and
bananas into chunks.
3. Child threads fruit on stir
stick.
4. Adult models threading fruit
on to stir sticks and the child
creates their own.

Math Activity:

After slicing the
banana and
watermelon arrange
the fruit in a pattern on
the plate to place on
the straw. Find other
items to make patterns
around the house.

6.

I'm Moving, I'm Learning!

Using your favorite
stuffed animals make
a tossing obstacle
course. Use a rolled
up sock and try to
knock down all the
animals.

7.

Books to Read:

Food For Thought
By: Joost Elffers & Saxton
Freymann

**Eating the Alphabet:
Fruits & Vegetables from
A to Z**
By: Lois Ehlert

**My First Flip-Flap Book
for Fruit**
By: Robert Salanitro

8.

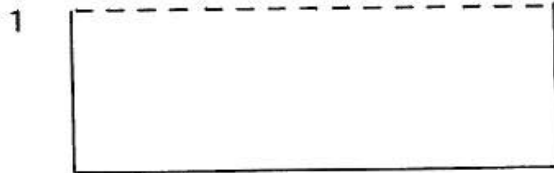


Fruit Kabob

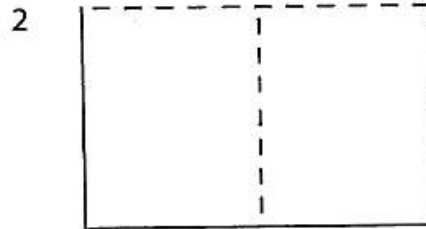


Food Experience Mini Books are
created for Head start families and
teachers to enhance the children's
learning experience through the
home/school connection.

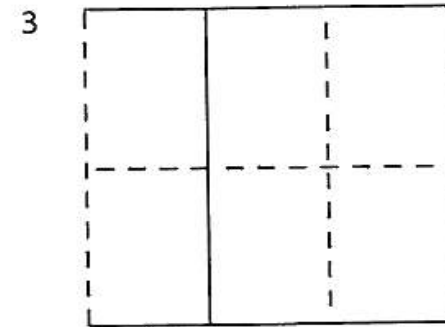
Mini-book Instructions



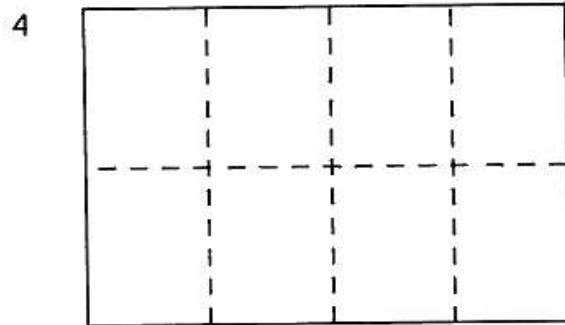
Fold in half long ways



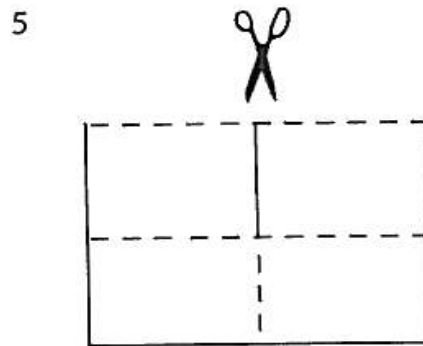
Unfold and then fold in half the other way



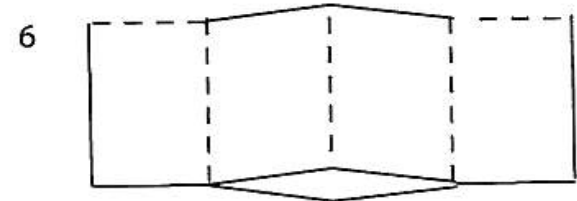
Unfold and then fold the two edges in to meet on the crease line down the middle of the page



Unfold so you have a page with creased lines on it like this



Now fold in half short ways again. Cut along the central line so that the middle two quarters have a slit in them



Unfold and refold long ways again and push the two ends towards each other so that it forms a book shape